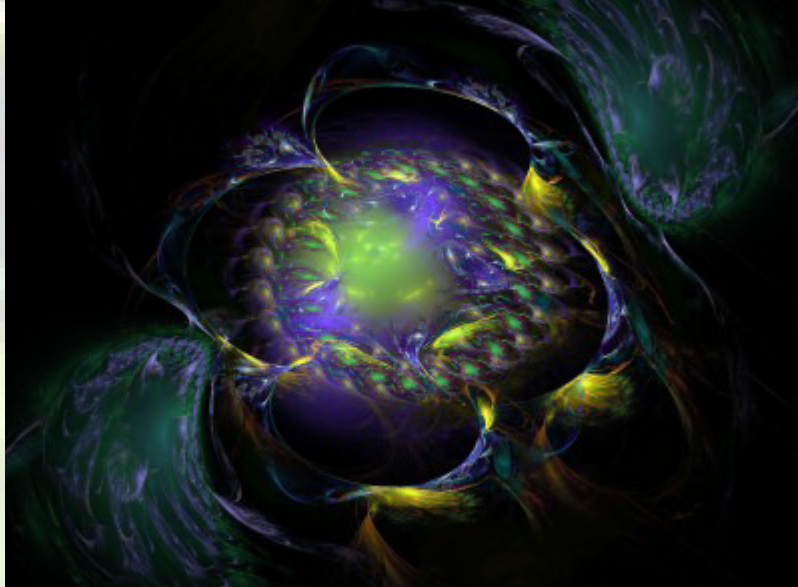


# Agrimony Shakti™

Levels 1 and 2 in this manual.



The Agrimony Shakti level 1 assists those who are smiling on the outside, yet sad or hopeless feeling on the inside. These people may seem jovial to others, but inside they feel like life has passed them by and they are just existing. They don't feel like they are really making a difference, or that anyone cares.

Agrimony Shakti™ level 2 provides reversal of hexes and persistent negative intentions from others. Agrimony Shakti's authority assists to send dark magic spells back from whence they arrived or renders them null and void.

Agrimony Tracking Essence™ helps you find missing children or pets. Agrimony Relevant Information and Insight together with Agrimony Imprint Revelation and Clearance™ removes imprints of those who have come before so that their influence no longer affects you or your living space.

Agrimony Shakti™ channeled and manual written by:  
Mariah Windsong Couture ~October 11th, 2011 ~All Rights Reserved

Agrimony plants are members of the rose family and have been used historically for wound healing. This plant's spirit will greatly speed the healing of all types of wounds. Agrimony is highly astringent.

Agrimony plants have several names that they are known by:

Common Agrimony, Cocklebur, Ackerkraut, Cocklebur, Stickwort, Church Steeples, Sticklewort, Agrimoniae herba, Philanthropos, Agrimonia, Aigremoine, Funffing, Herbe de Saint-Guillaume, Liverwort, Stickwort, Acrimony, Harvest lice, Odermennig, Agrimonia, Herba agrimoniae, Burr Marigold, and Garclive.

The Agrimony Shakti is a very high velocity self aware divine intelligence who will grow a relationship with you. You do not get to simply command Her to do this or that. She does want to make your life better and free you from limitation and the adverse influences from others both in this reality and in the spiritual realms. Please call upon her often and approach her as you would a respected elder who you trust and who you know loves you.

I perceive Her as feminine. Historical magical workings with this plant record that the plant's energetic and magical nature is masculine. I think was because of its highly protective nature and how its essence has been felt.

This Agrimony Shakti arrives to us from very high up in the spiritual realms, yet is distinctly of the Agrimony species. Historically, Agrimony is known to be associated with the planet Jupiter and the element of air.

Recognize that She will give guidance and extend to you more and more of Her spiritual authority to wield when She feels you are ready for the responsibility that comes with great power. Even people who are new to conscious co-creation with divinity and direct experiences with angels or shakti will benefit from her healing presence and protective influence.

Some important benefits of this Agrimony Shakti energy system are, but are not limited to the following list. Your results may vary depending on your skill of holding intentional focus and willingness to allow transformation.

### Level 1

*Healing for inner emotional pain despite outward "happy face"*

*Menstrual regulation and balance for women.*

*Digestion tonic*

*Ease of digestion during stressful times*

*Reduces inflammation of rheumatism for joint mobility and less pain*

*Urinary tract health increase and kidney stone reduction*

*Call upon Agrimony Shakti to speed healing of physical wounds*

*Increase your energetic immune system to resist others' ill will against you*

### Level 2

*Your link to the Agrimony Shakti will be deepened*

*Your ability to positively affect the reality of your body and life increases*

*Reverse bad spells or hexes with the Agrimony Shakti's spiritual authority*

*Notice and clear people's imprints to free you of their adverse influence*

*Track people here and in the spiritual realms during spiritual "journeys"*

*Agrimony Shakti increases the potency of your healing sessions*

Agrimony Shakti provides you with the right to call upon Agrimony for your emotional, spiritual and physical health concerns. This empowerment assists people who feel the need to present a "good face" outwardly and who may not know how to find the time to take good care of themselves.

People who find it difficult to ask for help or reach out to others for their own needs, will benefit greatly from the energies of Agrimony.

People who want to use the physical plant's herbal parts in tea or powder form must be aware that it can lower the blood pressure. Please don't use without checking with your doctor if you are undergoing anticoagulant therapy or those under drug treatment for any high or low blood pressure problems. Agrimony must not be physically used by pregnant women and nursing mothers because of its effect on the reproductive organs relating to the menstrual cycle.

Agrimony is best picked in the late spring or early when the plant is in full bloom. Flowers and leaves can be used fresh or dried for later use.

Agrimony plant leaves have a slightly astringent effect on physical wounds and has a long positive history of helping a bleeding wound to clot.

Agrimony is a perennial native to Northern Africa, Europe, Western Asia and that has naturalized to most of the US and Canada.

The flowers are usually yellow and after maturation, turn into a burr that sticks to animal fur and human clothing. The leaves are fuzzy and look silvery on the undersides. The root is a black woody rhizome.

An attunement or empowerment is a dose of energy frequencies that 'match' the energy of this Agrimony Shakti energy system.

Once you have received that dose of energy which is the essence of the Agrimony Shakti's presence, you are able to call upon this Shakti anytime.

Attunements can be sent long distance by means of an energy sphere, often called a chi-ball and it is kept safe by your Angels and guides of Eternal Light. It is released to you when you 'call it in', like a prayer to receive it.

Shakti are feminine-like creative healing forces of Eternal Sacred Source who are sentient. This means that they are intelligent and self aware. They are similar to angels but not of the same lineage.

They are closer to forces of nature in form, yet are conscious and respond to your requests. Their work with you for your health and enlightenment are under the authority of your higher self and soul.

They are direct self aware, intelligent emanations of Eternal Sacred Source.

Many Shakti will be "clothed" in the skills and job descriptions that they will be providing to humanity, animals, plants and other life forms here on Earth. This means that when we call upon them, their "name" or "title" specifies "who" is arriving.

I imagine it as a special place in the Heavenly Realms that prepare Shakti for each special type of job here on Earth.

I'm sure they are readied to work with us in a slightly different manner. But this is an easy way to think of it for me and many other people.

Plant Shakti arrive from a perspective that is both as high as Eternal Sacred Source is, while at the same time, fully aware of sentient embodiment here in physicality. They are a higher aspect of a plant spirit or plant Deva.

Please spend a few minutes to invite the attunement your teacher sent you of Agrimony Shakti™, to release fully unto you.

Simply say, out loud or in your mind:

**“I ask to fully receive my level 1 Agrimony Shakti as sent out by my teacher and made perfect by Eternal Sacred Source, NOW!”**

Think of a ball of light and energy above your head that opens up and streams down into the top of your head surrounding your body with light.

Your attunement will easily arrive to you because Eternal Source is not limited by space or time. Agrimony Shakti™ arrive to your body and energy fields, communicating automatically with your body's consciousness.

In this way a familiarity develops and your body knows that it can trust the Agrimony Shakti. Now you and your body can work in concert with the Agrimony Shakti.

Your inner emotional world can receive healing and you can commune more fully with divinity and your own soul.

Soon, your ability to attract into your life, authentic loving people who are ready to share their lives with you in a meaningful, healthy way, will increase!

Spend the next 3 days calling upon and activating the Agrimony Shakti as often as you think about her. Preferably at least 4 times per day. This is important because you and your body need to grow a familiar and strong relationship with this Shakti before you go on to the next level of this course.

Speak to the Agrimony Shakti as you would a trusted elder.

Speak to Her about your emotional, mental and physical concerns.

Tell her about what is not working in your life and ask her to help you to see a new way! Ask her to sooth your emotions so that you can be confident to reach out to others and be well received.

Ask her to heal your physical wounds.

Ask her to help you digest your food more comfortably.

Ask her to help balance your menstrual cycle (if you are a woman).

Ask her to relieve your suffering, and be willing to give up your pain.

Notice that you will need to do something different in your life.

You may need to do something for another person, in order to feel useful.

You may need to pray for others if there is not a task nearby that you notice.

When you have asked for help for you, and for others,  
now activate Her energy with full intention.

It doesn't matter if you can feel Her presence or not.

Claim Faith to call forth Her Presence!

That is what the attunement was for, to give you the right to call upon Her!

3 times say: "**Agrimony Shakti, arrive and assist me today, in all ways!**"  
After you have consciously called upon her to assist you, lift up in your mind the areas of your life you want help. Spend a few minutes in appreciation of the Agrimony Plant. Spend a few minutes in appreciation of Her spiritual qualities and wisdom (even if you don't feel anything).

Research about the Agrimony Plant online or at your local library. Spend time getting to know Her history in folklore and herbal physical uses of her leaves and flowers.



Level 1 of Agrimony Shakti™ is for personal use only. It provides you with healing in the areas of your life, body and being that are necessary to receive care prior to extending Agrimony Shakti's energies to other people.

Some of you who may be hurting on the inside will go to great lengths to surround yourself with people for the majority of the hours of your day.

You may even accept a bedmate who is not a good partner, just to have "someone" right there. Agrimony Shakti will help you see the feelings you've hidden even from yourself while holding you close. Agrimony can help you learn what you do want in your life and gently release the feelings and situations that you don't want.

You can grow confident in your connection with yourself, because you will like yourself better. Then you will look forward to setting aside "alone time" with the Agrimony Shakti and yourself!

It is the "alone time", that sacred time with yourself, Eternal Sacred Source and any helping healing eternal beings of light and love who you call upon which is key to feeling better and your life becoming more enjoyable.

So many people avoid "time in spirit" because it means that they will be face to face with themselves. If you are upset with yourself for any reason, the idea of setting aside time to look within can be uncomfortable or scary.

The Agrimony Shakti can help those areas within you that feel unheard and misunderstood to know that they are valuable and worth listening to.

Agrimony Shakti level 2 attunement is to be received with intention:

Say, audibly or in your mind:

**"I now fully call in to receive, my Agrimony Shakti, level 2 attunement!"**

Allow a few moments to pass while you sit or recline in a receptive mindset.

You are receiving a stronger dose of energy from the Agrimony Shakti.

This causes you to be more sensitive to her presence and you may soon begin to feel her presence near to you.

You may simply get a sense that someone is there who cares about you.

It doesn't matter if you feel anything or not.

You might feel a tingly warm sensation on the top of your head or in the middle of your back.

Some people feel various warmth or pulsations when Agrimony is near.



The Agrimony Shakti is developing a better link with you. Through this energy pathway, or relationship with the Agrimony Shakti, She can imbue you with spiritual authority. This will cause your intentions of protection for you, your loved ones and clients to be much stronger and more effective.

Let us talk for a moment about "spells". Q)What is a spell?

I shall describe in simple terms, likely not in any exact answer that someone in a "craft" would prefer to hear. A spell is an intention that is so crisp and concentrated that it holds its focus over a distance and time.

Usually a spell is meant to achieve a goal. A spell may be "upheld" and "carried out" by various deities or spirits. The energy of elementals, birds or animals may also be used to strengthen the spell or "make it work".

Spells often use a specific incantation or chant that has been said, with the same intention many times. A strong spell may use the same words or chant that has been used for centuries.

In this way, the words themselves help carry the intention and make it real in this reality.

Q. Are there "good" spells and "bad" spells? I don't like the word spell, personally because it makes me think of something intended to make a person act in a manner that they normally would not. I think of a spell as intention designed to persuade a person to do something against their will.

Therefore I shall clarify for the purposes of this description, that a "bad" spell would be one that is held up and carried out by energies that are not in alignment with Eternal Sacred Source. Energies or beings who will carry out an intention that seeks to deliver ill will or adverse circumstances are bad.

Energies that remain intact until they reach their target, and then "do" something that is not in the receiver's happy, joyful, healthy good can be described as "bad spells". Spells that cause a person to respond in a way that is against their own morals or ethics I consider bad. Spells that reduce a person's immunity, physically, psychologically or spiritually I consider bad.

A good spell is simply an alignment with eternal energies and an intention similar to prayer that amplifies support and benefit that the receiver wants.

You can gain new abilities and your spirit walking skills in the spiritual realms can increase as you mature in spirituality and wisdom.

Now that you've accepted your level 2 attunement for Agrimony Shakti energy system, you are authorized, imbued with the privilege of working with the following energy functions:

***Agrimony Imprint Revelation™, Agrimony Relevant Information and Insight™, Agrimony Imprint Clearance™, and Agrimony Tracking Essence™.***

Your results will vary, depending on how accustomed you are to activating energies and what level of spiritual authority the Agrimony Shakti feels that you are ready for. Continued practice with these energy functions will definitely provide you with the ease of working with the Agrimony Shakti.

Everybody grows in their own time, and often it is at a different pace than we would prefer or be comfortable with. Sometimes Eternal Sacred Source and our helping healing guides and guardians think we need to know something and will reveal it to us when we activate these energy functions.

Other times they will allow us to simply live life and witness its unfolding.

If you want to detect whether someone has walked through your sacred space, you can activate Agrimony Imprint Revelation™. Set your sacred space in the manner to which you are accustomed. That may mean casting a circle. For most people it means calling in your helping healing guides, angels and other celestial or animal and bird spirit guardians; and entering into meditation. In your quiet inner sacred sanctuary inside yourself, set forth your desire to know if your physical or spiritual sacred space has been traversed by anyone.

Tell your guides and guardians why you want to know.

Often times clarifying the reason for your request is key to being allowed to witness the answer or information you seek. Simple curiosity is not enough. Our helping healing guardians and guides do not like it if we treat our spiritual journeys and quests as entertainment. There needs to be a real reason based in compassion, safety, wisdom and service to others.

When you achieved a quieting of the mind, say, audibly or by thought:

**"Agrimony Imprint Revelation, Activate!"**

You attention may be drawn to an area in your house, on your land or even a part of your body, or the body of a loved one.

You may or may not be granted specific information about "who" went there, or for what reason.

If your helping healing guardians feel that it is important to know, the following energy function will reveal the pertinent information to you.

Say: **"Agrimony Relevant Information and Insight, Activate Now!"**

For many years, when I do informational question, answer readings for people, invariably they will want to know who entered their energy fields. They will want to know who walked through their home physically, and who stepped into their night dreams or other astral regions.

Please understand that our helping healing guides and guardians are most concerned with our safety. They are very concerned that we receive the information that they notice is important for our spiritual growth.

That does not mean that they will indulge our idle curiosity if they don't think it is important. In other words, if a simply clearance of the energy imprint is all that is required for health and safety, you may not necessarily get the details of "who" or "why". When you let go of needing to know all of the details about who traversed through your space or energy fields, you free yourself to move forward and raise your energy frequency. Then you are usually deemed mature enough to be granted new skills and increased ability.

A person's obsession with what happened prior limits their effectiveness. This is one of the big reasons people stay stuck and also experience further attacks energetically. If you keep looking to see "who" sent something or arrived into your space, you trip their tracking "cookie" or wire. A message is sent to them that you are "on the hook". Then more attacks happen.

The fastest way to secure a leak and curtail future breaches is to simply identify if there has been a breach of your sacred space and re-secure it.

By activating Agrimony Relevant Information and Insight™ you are setting your filters so that only information and insights that are necessary will arrive unto you. This gives you a greater measure of invisibility to those who did come into your space. You can be aware of what you need to, without inadvertently sending them a message that you've noticed their presence.

This is very important. It is your curiosity which an energetic intruders use as "permission" to send you more attacks. Because another attack would give you more information about the intruder, thus answering your curiosity. I realize this is not the intent you have, by being curious, but energetically speaking, it is an invitation of sorts, for more interaction with the intruder.

Since time and space are irrelevant to energetic intruders, when you seek in the past, to see "who" passed through your boundary, you are fair game for them to see that you are looking for them. A person's mind is accustomed to seeking the details of any situation that could have been a threat, or may leave you open to future threats. This is why you must master your mind.

It is necessary to have control of your mind in such the way that your free will of resisting mental seeking is stronger than your natural curiosity.

This will allow you to move through time and space without leaving a trail of your whereabouts for the previous intruders to follow. Q. What type of intrusions might you be able to reveal and receive insights about?

A. An entrance by someone in a physical body who may have stepped into your space physically at a previous time.

A person in a physical body who may project their consciousness into your living space or energy fields. A person in a physical body who may command non-corporeal beings to enter your space to carry out their wishes. A ghost or spirit that you don't want.

There are many, many examples of what constitutes a breach of your sacred space. Any space you consider your own, or under your watch can qualify.

Here are some examples:

Your aura,  
The spaces between your organs and cells in your physical body,  
Your inner sacred spaces in the inner planes and realms in  
all the dimensions you exist inside of yourself,  
Those pathways mentally and within your inner sacred space in which you  
traverse to gain access to other dimensions and places consciously,  
Your physical home,  
Your workspace,  
Your land,  
Your car,  
Wherever you go during your night dreams,  
Wherever you go when you astral travel,  
Wherever you go when you are deep in meditation and then step out  
spiritually to travel, walk or "journey" in various realms of existence.

You deserve to be safe.

You deserve to know if someone has stepped through an area that is yours.

You deserve to have the ability to remove the imprint of their energy  
from a space that is yours.

Imprints of energy from purposeful or accidental breaches of your space can  
be disorienting and even cause leaks of your energy.

An imprint can contain an emotional signature that is contrary to your own  
energy or the energy you want your home to vibrate with.

An imprint can also be used by others to find their way back into your space even after you've refilled yourself or your home with positive energy.

You can use other people's imprints to track them if you need to do so in order to gain intelligence information to keep you or your loved ones safe.

Tracking other people's imprints is advanced magical work. There are not many good reasons to do so. However, I am told by the Agrimony Shakti that there are indeed positive reasons that could arise.

The first and foremost vital reason to activate the Agrimony Tracking Essence™ is if a child or pet is lost. Have a pen and paper or a tape recorder right near by. You can go into meditation, calling upon all of your helping healing guardians and guides in the light of eternal sacred source, and then lift up your own knowing of the child or pet. Focus upon their energy, appreciating the child or pet. Then say, audibly or in your mind:

**"Agrimony Tracking Essence, Activate and show me where (name) is!"**

***You may see in your mind's eye the movements of the person or pet.  
You may see unfamiliar surroundings.***

***You might not immediately understand what you are perceiving.***

***You might be transported consciously to feel what they are feeling.***

***You might get scared, if they are scared.***

***You might be hungry or cold if they are.***

***It is important to remind your body that you are safe.***

***You may have the urge to walk or drive somewhere,  
as you track the child or pet.***

***Please always have a "buddy" with you.***

***Someone who can do the driving, for you are in an altered state of consciousness and not currently fit to drive a mechanical vehicle.***

***You can give them directions from the other seat.***

***If you are walking, it is also important that you have a "buddy" with you because otherwise you could get lost too if you don't know the surroundings.***

***If you are not actually "going" to find the missing one you may feel the urge to make a mental "connection" with them.***

***Seek first to make a connection with their helping healing ones in the light of eternal sacred source.***

***This means that it is wiser to connect with their guardian angels than directly to the child or pet, mentally, at least until you are granted permission by their guardians.***

If you are granted permission to connect mentally with the child or pet, in order to ascertain their state of health or accident pain, you will know it when it happens. You'll simply be "dumped" into their awareness.

You might be perceived by them as a fantasy or pretend friend. This is alright.

Children and pets are accustomed to interacting with consciousnesses that are not in bodies. It is adult humans that are less open to such experiences being real.

You may immediately feel like someone is saying, "What are you doing there?" In that way, you'll know that they are aware of you.

That is your chance to ask questions to determine how they are, what their needs are and to persuade them to either stay put, or help them find their way home. If you are using Agrimony Tracking Essence™ to find a missing person who is an adult, be aware that they are less likely to be mentally responsive of your queries.

You may indeed be allowed to perceive their mental state of mind but you are less likely to have any questions answer telepathically by them, unless they are in such a state of shock or illness that they are hallucinating already.

In that case their natural resistance to talking with apparitions is already reduced and you may have quite a lucid conversation with them mentally, even at great distances.

There are times when you will notice the importance of clearing the missing person or pet's footprints, in the unlikely case that other metaphysical "dark" workers of magic are chasing the missing child or pet.

There are times when you do want to clear away those energetic footprints to protect the innocent missing one from being found by ones who would wish to do them harm.

Say, audibly or in your mind:

**"Agrimony Imprint Clearance, Activate and Clear, Now!"**

**Hold a clear intent in your mind as to whose imprints you are clearing.**  
**You will be allowed to do this only if those prints won't be needed further to**  
**find the missing child, pet or adult person.**

Now it is wise to clear the imprints of anyone or anything that has crossed into your sacred space uninvited. Do so by activating Agrimony Imprint Clearance™ with strong intention to erase the imprint.

Agrimony Imprint Clearance™ will respond to your thoughts.

When activated with strong intention, you then rest your thoughts upon the idea of the imprints you want cleared. If it is your sacred space, then you have the authority to do this. You must be of one mind in order to do this properly.

If you are still curious about "who" came through your wall, or "why", you will be divided in mind and likely not be able to work the clearance.



Be wise, and set your intent upon health and this now moment, rather than digging into the past. Ask for faith to know that you have already been aware of any information you need on the topic of this particular imprint, in order to stay safe in the future. Then activate the Agrimony Imprint Clearance with a gladness to be free of any adverse influence the imprint had made.

Using Agrimony Shakti energies and energy functions for other people:

Please note that you must accept Agrimony Shakti level 2 and activate each of the energy functions it contains, prior to attempting to use this energy system for other people.

When you do want to activate it for others, you **MUST** have their express permission, consciously! This is a strong energy system whose functions must be accepted by someone free will prior to you activating them!

When you have the written or verbal permission, you may then activate and “run” Agrimony Shakti as you would any other spiritual energy.

I suggest that you activate her energies, and ask her to apply her energies for (name of person). You can channel the energies if you want to, but it is not the wisest manner of application. This is because the Agrimony Shakti is a sentient being! She is self aware and fully capable of doing the healing work independent of you, for your friend, loved one or client.

To insist upon “channeling” her energies is to say that you think your presence and facilitation are needed in the middle of this healing.

Yes! You are needed, as a point here in physicality, from which the request to activate her energies must arise. You, being in a physical body, here on planet Earth, are qualified to “call down” and “activate” the energies of spiritual beings! It is a great honor and responsibility!

Once you have done that, kindly step out of the energy flow and give the Agrimony Shakti the respect to do this work without your wise influence.

Despite many a clients' request for you to "view" the healing and give constant progress reports, spiritual beings don't like you watching every detail of their ministrations.

If you must "do" something after activating her energies, please hold the sacred space strong and uplift the person in your mind. "See" them healthy and whole, being fully receptive to the work of the Agrimony Shakti. That is truly useful and beneficial assistance from you for this healing session.

Now, for the other energy functions, the ones in level 2 of Agrimony Shakti, your conscious intention and full participation is required.

Follow the abovementioned instructions and be at your best prior to activating the energy functions. By this I mean to say that you will need to have invited the Agrimony Shakti to work with you and assist your transformation and healing, before you attempt to do work for others.

Please have already spent time in spirit that day, and communed with the ones in the Light of Eternal Sacred Source that you trust. Or you could have said many mantras to deities you venerate and also spent time in the midst of energy streams such as reiki, seichim or other cosmic rays.

If you are providing these Agrimony Shakti energy functions as a service to others, be strong in your own spiritual walk. In this way the Agrimony Shakti will be able to pour her spiritual authority through these energy functions when you activate them, and your work will be pure and strong.

Wear the Agrimony Shakti's power and authority as a gown or cloak about your very being as you traverse the spiritual realms in your journeys.

If you are a Reiki or Seichim Master Teacher, you can confidently send a Agrimony Shakti™ in the manner which is most sacred to you.

If you are not a Reiki or Seichim Master Teacher, you can still pass along an attunement to Agrimony Shakti by following these directions and sincerely wanting to pass the attunement.

Please ask your energy team, your helping healing guardians in the Light of Eternal Sacred Source, to bring you a Sphere of Light.

It doesn't matter if you can see it or not. It doesn't matter if you can perceive it or not. Trust that the Sphere of Light is there and ready to hold a the Agrimony Shakti™.

Activate your Agrimony Shakti, and set your intent to call forth an Agrimony Shakti for (name of student). Allow a few moments to pass while you hold the intent of the request. Shine appreciation upon your own Agrimony Shakti and in your mind's eye, see the soon to arrive Agrimony Shakti for (name of student) being perfectly compatible with (name of student).

Now ask all of your helping healing ones in the Light of Eternal Sacred Source to escort the Agrimony Shakti™ into the Sphere of Eternal Light. Ask that it be secured and carried to (name of student).

Ask that it be protected by that person's guardians in the Light of Eternal Sacred Source until the person 'calls in' their Agrimony Shakti™. Intend that their attunements release perfectly to them at that time, providing them with a "meet and greet" with their Agrimony Shakti. And so it is complete!

Now notify your student that their empowerment is ready to be 'called in' and tell them to relax and spend a few minutes receiving their Agrimony Shakti!

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