Appreciation RaysTM

Levels 1 and 2 in this manual.

You may re-sell Appreciation Rays[™] but they are not to be passed for free.



Appreciation Rays[™] as offerings for gods and goddesses! Such appreciation has the unique ability to cause you be looked upon by them with favor.

Appreciation Rays[™] make all you shine them upon prolific, appreciate in value and be fruitful. You are appreciating the Divine Essence within anything or anyone whom you shine Appreciation Rays upon!

Appreciation RaysTM channeled and manual written by: Mariah Windsong Couture ~September 8th, 2011 ~All Rights Reserved Appreciation Rays[™] are designed to give one of the most necessary energies to a being, situation or force. When something is appreciated it functions better and appreciates in value. It then has the ability to naturally attracts what it needs to itself, causing it to be longer lasting and prosperous.

Appreciation Rays[™] are the very best door opening offerings for beings and deities you would like to gain favor with. Manifest your heart's desire!

Think about all you have already learned about various deities. You may have learned what they like, and what colors or herbs are associated with them. You may have even spent much money on offerings of flowers, herbs, or bought candles to burn for these sacred beings.

Now, with Appreciation Rays, you can give each being, god, goddess, angel, stone, crystal, power animal, bird, fish, or plant exactly what each really needs. That is to know that you appreciate them. This is an energy ray from the heart of divinity. You are giving sustenance and energy to whoever or whatever you shine Appreciation Rays upon. Such energy can be easily utilized by whoever or whatever you have sent it to. This is indeed a valuable offering and will be remembered and appreciated also!

This is the most powerful energy you can send when you want to strengthen something, someone or a situation. It arrives standing on its own, without agendas or expectations. Love can be granted or withheld based on conditions. Gratitude put you in the right frame of mind and energetic positioning to receive more benefits and good things. Appreciation is that force which causes those good things, people and situations to blossom!

Your 1st level attunement to *Appreciation Rays*TM introduces it to your body and being. It gives you the right to "call upon" this Divine Ray and activate its flow for yourself and others. You will be able to, with thought intent, shine Appreciation Rays onto anyone or anything you want!

Your 2nd level attunement to *Appreciation Rays*TM further strengthens your connection with this important ray. It also confers upon you the ability to pass an attunement to Appreciation RaysTM onward to others.

An attunement or empowerment is a dose of energy frequencies that 'match' the energy of this energy system

Once you have received that dose of energy, your body and spirit will recognize that energy and easily access the energy stream from Eternal Sacred Source that IS the energy stream of this particular energy system.

Attunements can be sent long distance by means of an energy sphere, often called a chi-ball and it is kept safe by your Angels and guides of Eternal Light. It is released to you when you 'call it in', like a prayer to receive it.

Please spend a few minutes to invite the 1st attunement your teacher sent you of *Appreciation Rays*TM, to release fully unto you.

Simply say, out loud or in your mind:

"I ask to fully receive my Appreciation Rays level 1 attunement as sent out by my teacher and made perfect by Eternal Sacred Source, NOW!"



Think of a ball of light forming a diamond shape above your head that opens up and streams down into the top of your crown. Your attunement will easily arrive to you because Eternal Source is not limited by space or time. Appreciation Rays[™] arrive to your body and energy fields. Now, it is time to activate your Appreciation Rays[™] and practice shining it upon others! Say, audibly, or in your mind: <u>"Appreciation Rays, Activate!"</u>

Think of an angel or group of angels who you want to shine your appreciation upon. Say the activation affirmation again!

"Appreciation Rays, Activate!"

and again!

"Appreciation Rays, Activate!"

Think of a quality about these angels you appreciate and value.

Think of as many qualities you appreciate about them.

Simply be in appreciation of their divine essence.

In your mind's eye, intend and imagine that these Appreciation Rays are reaching the angel or group of angels whom you are sending Appreciation Rays to.

Notice how they turn and smile at you. Notice how they relax and give you their attention. Notice how they receive exactly what they need. Notice how they are full and overflowing with light and energy! Notice how they appreciate your offering! Notice that they want to make your life better.

Appreciation Rays will follow your thought intent.

If your mind wanders to someone else, or another group of beings or people, so too will the Appreciation Rays TM.

Gently bring your mind back to rest upon the angel or group of angels for a few more moments. Now your offering is complete for right now. If you have set aside enough time to shine Appreciation Rays upon several people or groups of beings, repeat the above directions ~ only, this time think about the ones you want to send Appreciation Rays to, this time.

You can never spend too much time sending Appreciation Rays, if someone or something is full, the energy ray will either stop its flow, or redirect to Earth, or another being whom you appreciate.

It is especially beneficial to the sending of Appreciation Rays and the other beings' receipt of Appreciation Rays, for you to spend a few minutes literally in appreciation of the one(s) to whom you are sending Appreciation Rays.

This increases the benefit to both them and you!

Think about the being or person's divine essence and what you appreciate about them.

Doing this without expectation of return benefit is important.

Be separate from expectation in this moment.

Please simply appreciate.

If it is difficult to actually appreciate the person or being or item, the Appreciation Rays will bring in Appreciation from Divinity.

In this way you can send appreciation even before you know how to reach that place within you where appreciation exists.

Appreciation Rays can be sent to items and situations also.

Appreciation Rays works with cosmic law and principle even with items and situations that may not seem sentient (self aware).

Appreciation Rays will "appreciate, or increase in value" items and situations.

<u>The free dictionary's definition of Appreciation is:</u> Recognition of the quality, value, significance, or magnitude of people and things.

When you want to send Appreciation Rays to any item or situation use the same directions as for when sending to a person or being.

When you want a pet to improve its behavior, Appreciation Rays may provide some of what he or she needs to choose to obey you.

> Appreciation Rays sent to Earth and nature will help balance things here on planet.

Nature provides for us and is not appreciated enough. A big in-balance exists partly because of this.

You can do a great service to all by sending Appreciation Rays to Earth and to any living thing.

> Plants, water, streams, rocks, animals, birds, fish amphibians, reptiles and all other lifeforms here on Earth would appreciate, Appreciation Rays.

Appreciation Rays are a valuable way to honor life.

Appreciation Rays puts you in the flow of blessings. Appreciation Rays is a ''pay it forward'' way to engage in living. If you feel subtle energy, you will also enjoy how these rays feel! Please spend a few minutes to invite the 2nd attunement your teacher sent you of *Appreciation Rays*TM, to release fully unto you.

Simply say, out loud or in your mind:

"I ask to fully receive my Appreciation Rays level 2 attunement as sent out by my teacher and made perfect by Eternal Sacred Source, NOW!"

If you can feel subtle energies, you may feel the warm, full, replenishing and honoring energy of Appreciation Rays level 2 arrive unto you.

These 2nd level rays of Appreciation Rays will strengthen your energetic circulatory system in such a way that you can channel more volume and amplitude of these and other Divine energies!

A stronger flow and intensity of Appreciation Rays can now arrive!

You may feel the flow intensify!

If it is too strong, simply ask it to slow down and ask your body to integrate!

Then intend to "turn up" the flow when you are ready.

When you send Appreciation Rays to others, you can send direct from Eternal Sacred Source, or channel the energy rays through your own body.

This is one of the few energy systems that, adding your own feelings to it is beneficial to the recipient.

Feel free to add your own appreciation of their being to the energy as you are sending it out to shine upon the intended recipient.

This is true, whether it is a situation, item, celestial being or in body person.

Situations are often being "controlled" by people's thoughts, to simply appreciate the situation, it elevates to its next highest expression.

Appreciation Rays may be sent to others on behalf of your client. This is interesting, and will indeed work. It is always more effective for the person to send Appreciation Rays themselves because they are personally involved.

However, with that being said, it is a perfectly acceptable practice, for you to be hired to send Appreciation Rays to someone else's business for them.

You must be clear about your intent. You are sending Appreciation Rays to (name of business, person, item, situation), on behalf of (standing in for), then say (name of that person or hold the image of that person in your mind) as you activate Appreciation Rays.

In addition to activating Appreciation Rays in the usual way by saying the affirmation 3 times, you may find it gets the energy flowing stronger by continuing to say "Appreciation Rays, Activate!" while you think of or say the name of "who, what" and "where" you are sending the rays. Then think of the name of the person you are doing the work for, sending the energies for, standing in for them, by doing so.

You simply become the director and the only "feelings" you add to it is really wanting the Appreciation Rays to be received by (name of who or what they are being sent to), from (name of person you are sending on behalf of, standing in for as if they are sending it themselves.)

As you can see, it is much more direct for a person to do this themselves. A person would need to be open to and believe that they can indeed receive attunements and send energies in order for them to do this themselves.

There are many practitioners who are hired to improve the lives of their clients. If you want to offer this service to your clients, it is wise to charge on a per minute basis of approximately \$2-4 per minute for this type of sending.

It is your expertise and level of single minded focus of intention that they are paying for in addition to your skill at sending Appreciation Rays.

Ask the client to list who or what they want Appreciation Rays sent to. Situations resolve themselves and relationships improve with these rays. If you are a Reiki or Seichim Master Teacher, you can confidently send Appreciation RaysTM attunements in the manner which is most sacred to you.

If you are not a Reiki or Seichim Master Teacher, you can still pass along an attunements to Appreciation Rays by following these directions and sincerely wanting to pass the attunement.

Please ask your energy team, your helping healing guardians in the Light of Eternal Sacred Source, to bring you a Sphere of Light.

It doesn't matter if you can see it or not. It doesn't matter if you can perceive it or not. Trust that the Sphere of Light is there and ready to hold a dose of the energy frequency of Appreciation $Rays^{TM}$.

Activate the first level of Appreciation Rays and pray, asking for all of your helping healing ones in the Light of Eternal Sacred Source to send the Appreciation RaysTM attunement for (name of student) into the Sphere of Eternal Light. Activate the 2nd level of Appreciation Rays and also intend that the person receiving a strengthening of Appreciation Rays.

Intend that the ability to pass these Appreciation Rays on to other people who pay for this energy system, be conferred upon them. Ask that this attunement Sphere of Light (chi-ball) be sealed and carried to (name of student).

Ask that it be securely protected by that person's guardians in the Light of Eternal Sacred Source until the person 'calls in' their Appreciation RaysTM attunement. Intend that their attunements release perfectly to them at that time. And so it is complete!

Now notify your student that their empowerment is ready to be 'called in' and tell them to relax and spend a few minutes receiving their meet and greet their Appreciation Rays energies! Appreciation RaysTM manual must be included fully intact with no changes when its attunements are provided.

Appreciation Rays[™] is an original energy system channeled by Rev. Mariah Windsong Couture, RGMT and is unlike any other or any system that may arrive in the future by anyone. September 8th, 2011 ~All Rights Reserved

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From September 8th through September 19th, 2011 Mariah Windsong and Rosemary Noel have exclusive rights to sell, Appreciation Rays energy system's attunement and manual. Thereafter you may resell it on your own websites and in your practice so long as it is not on Ebay.

Appreciation RaysTM have a minimum resale price of \$42.00 USD each or the equivalent in your currency and do so after. Always provide this manual with any Appreciation RaysTM attunement, fully intact, with no changes.

Please sell this energy system for \$42 or a higher amount compensatory with other highly respected, pure divine energy system in your local region or country.

By accepting these attunements, you agree that Appreciation Rays[™] may never be traded for another system. This system may not be given away for free or passed on free share groups such as yahoo, ning or similar.

Uncertified self attunements of this energy system may be used for personal self healing, but do not certify you as a Master or teacher of this system. Uncertified self attunements do not provide you with a certificate, lineage or confirmation.

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